

INTERNATIONAL TAEKWON-DO ITF TEAM CHAMPIONSHIPS

PATTERNS, SPARRING, POWER TEST

OPEN RIGA



TAE KWON DO

INTERNATIONAL TEAM CHAMPIONSHIPS

2 JUNE 2018

RIGA'S NATIONAL SPORTS ARENA
Maskavas street 160, Riga

ITF.LV

ORGANIZER

LATVIAN TAEKWON-DO FEDERATION



02. JUNE 2018



OPEN RIGA 2018

1st - 2nd of June 2018, Riga, LATVIA

GENERAL INFORMATION

1. **TOURNAMENT RANK:** International Championship
2. **TOURNAMENT DATE:** 2nd of June 2018
3. **VENUE:** Riga's National Sports Arena, Maskavas iela 160, Riga, Latvia. (GPS - Kojusalas iela 9).
4. **ORGANIZER:** Latvian Taekwon-do Federation, Liepājas street 3b, Riga, LV1002, Latvia. E-mail: itf.latvia@gmail.com, ph.: +371 29510010, in partnership with Riga Municipality.
5. **IMPORTANT DATES:**
 - 01ST May - Deadline for visa entry forms for those, who need entry visa to Latvia (Schengen)
 - 15th May - Deadline for teams to ask for confirmation of participation
 - 22th May - Final Deadline for teams to send the full application for hotel reservation.
 - 1st June - Team arrive to Riga, registration (from 14:00 – 19:00)
6. **PRELIMINARY SCHEDULE OF EVENTS** (possible small changes)
 - 2nd June, in Riga's National Sports Arena (Maskavas street 160, Riga)
 - 08:30 - 09:30 - Team registration and weight-in for those who are not registered on 01/06
 - 09:00 - 09:30 - Umpires meeting
 - 10:00 - 14:00 - Preliminary competitions
 - 14:00 - 15:00 - Opening ceremony
 - 15:00 - 17:00 - Final competitions
 - 17:00 - 18:00 - Awarding ceremony.
7. **COMPETITIVE EVENTS:**

Team Pattern, Team Sparring, Team Power Test,
8. **PARTICIPANTS:**
 - 8.1. Teams representing Taekwon-Do Clubs are admissible at the OPEN RIGA Cup. United teams or National organization teams are NOT allowed.
 - 8.2. Each of clubs can participate in each age division with 2(two) male teams and 2 (two) female teams. So, it is possible only two Male Cadet Teams, and two Female Junior Teams from each club and the same for other age divisions.
 - 8.3. The same teams are participating in all kinds of program (Pattern, Sparring, Power)
 - 8.4. Number of participants in Team and age divisions:

<p><u>Child (9-10 years)</u></p> <p>Male Cadet Team (5 pers. + 1 reserve)</p> <p>Female Cadet Team (3 pers. + 1 reserve)</p> <p><u>Cadet (11 -13 years)</u></p> <p>Male Junior Team (5 pers. + 1 reserve)</p> <p>Female Junior Team (3 pers. + 1 reserve)</p> <p><u>Junior (14-16 years)</u></p> <p>Male Junior Team (5 pers. + 1 reserve)</p> <p>Female Junior Team (3 pers. + 1 reserve)</p>	<p><u>Adult (17 - 35 years)</u></p> <p>Male Adult Team (3 pers. + 1 reserve)</p> <p>Female Adult Team (3 pers. + 1 reserve)</p> <p><u>Veteran (+36 years)</u></p> <p>Male Veteran (3 pers. + 1 reserve)</p> <p>Female Veteran Team (3 pers. + 1 reserve)</p>
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 - 8.5. Competitors need to show national passport on registration. Medical reference and travel insurance in case of sport injury will not need to show on registration, but Coaches and Team



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leaders are responsible for the availability of medical certificate and insurance policy for this event.

9. PROGRAM OF THE CHAMPIONSHIPS

9.1. TEAM PATTERN

- 9.1.1. All teams perform one Optional pattern in preliminary bouts and Optional + Designated pattern in Finals.
- 9.1.2. Each team will perform the same designated pattern.
- 9.1.3. Limit of program for All Teams of all levels in Designated Pattern is from **Chon Ji** to **Jul-Gok**, but not high as for lowest belt level in the team.

9.2. TEAM SPARRING

- 9.2.1. A team will be formed with disregard to competitor's belt level and weight class.
- 9.2.2. Participants demonstrating Taekwon-do ITF free sparring technique.
- 9.2.3. When a team wins a bout, it receives 2 (two) points and 1 (one) point for a draw. When a team accumulates **six points** it will be declared **the winner** without further matches.
- 9.2.4. When all bouts of match are finished and the result is a draw, then each Coach will select a Competitor to spar an extra bout. The Team whose Competitor wins this bout will be the winner.
- 9.2.5. When a team has one member short **at the time of competition** then the opposing team will automatically be awarded 2 points. When a team has two members short, then the opposing team will automatically be awarded 4 points.
- 9.2.6. Duration of bout is 1 round of 1,5 minutes for Cadet and Veteran, and 2 minutes for Juniors and Adults.
- 9.2.7. Coaches must ensure that the participants have all Taekwon-do ITF sparring protective equipment for all age divisions:
 - ITF gloves (open palm gloves or boxing gloves 10 oz) both type acceptable
 - ITF Feet protectors, and Shin guards
 - Helmet and Mouth guard
 - Groin protector for male and Breast protector for female.

9.3. TEAM POWER TEST

- 9.3.1. Competitions are held on professional high-precision electronic equipment Real Strike@ in a boxing bag shape.
- 9.3.2. Each team participant has 30 seconds for full test of hand and kicks techniques.
- 9.3.3. Optional type of hand technique (all kinds of punches and strikes allowed) on a bag equipped with a sensor to measure the impact force.
- 9.3.4. It will be 3 (three) attempts of hand technique (all parts of fist or edge of the palm) and 3 (three) attempts of impacts by the foot (any part of the foot to choose from).
- 9.3.5. In the highest indicators of punches and a kicks are counted and the sum of the highest scores and is taken into final result.
- 9.3.6. According to the results, 1st, 2nd and 3rd place winners are determined in each age group.

10. UMPIRES

Each club (team) ensures at least minimum 1 qualified referee for whole competitions days. The referees must be dressed according to the ITF rules. All referees have the obligation to attend the registration together with the competitors from their team.



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Attention: The Organizing committee will cover 2 days/1 nights Hotel accommodation for 1 or 2 Umpires in 3-stars hotel (in double room).

11. TROFIES & AWARDS

- 11.1. For the 1st, 2nd and 3rd place in of tournament disciplines, competitors will be awarded with tournament diplomas.
- 11.2. For 1st, 2nd and 3rd place in **Team Overall** in each Age Divisions will be awarded by Team Cup but each team member by medal and diplomas.
- 11.3. For 1st, 2nd and 3rd place in **All Ages Team Overall** will be awarded by Team Cup diplomas.
- 11.4. Number of points for a medal:

Patterns	- Gold 4 points, Silver-2 points; Bronze – 1 point
Sparring	- Gold 4 points, Silver-2 points; Bronze – 1 point;
Power Test	- Gold 2 points, Silver -1 point, Bronze – 0,5point
- 11.5. Teams who have won prizes must be present at the award ceremony and go out for rewards dressed a team sports suit or in Dobok.
- 11.6. Athletes who do not appear at the awards are deprived of their awards. The awards of the athletes who did not qualify for the award will not be given to the coaches!

12. **HOTEL Accommodation** will be provided by organizing committee at 3 stars Hotel (800m near from the Sport Hall). Cost: **25 Euro**/per night /per person in double (or in triple room if any) includes Breakfast. For single accomodation + 15 Euro/ per night/ per person (with breakfast). **Hotel Reservation coast of 25 EUR is possible ONLY before 22nd May, after Deadline price will grow up at 20%.**

13. PARTICIPATION FEE

- 13.1. To the competitions are allowed teams that have paid participation fee to the Latvian Taekwon-Do Federation. Team leaders are responsible for total payment for all team members.
- 13.2. The size of participation fee at the rate of **20 EUR** per each team member the case of payment until 22 May 2018, or **25 EUR** per athlete if the payment in cash after 22 May 2018.

Payment by Banking transfer to LTF account:

Name of recipient:	Latvijas Tekvon-do Federacija
Company ID Nr.	40008023321
Name of Bank:	SEB Banka
SWIFT code:	UNLALV2X
Account (IBAN):	LV17 UNLA 0050 0115 1551 2
Purpose of payment:	OR-2018/ number of persons / name of Team/

- 13.3. By cash before registration (1st of June). Only additional payments (if some changes) can be made by cash prior to the registration of the team.

For example:

If your team consist from 5+1 competitors, so fee is 6 x 20 EUR = 120 EUR (by banking transfer) or 6 x 25 = 150 EUR if you pay cash. If in your team is only 5 competitors, so you pay 5 x 20EUR or 5 x 25 EUR respectively. The same conditions apply when paying for accommodation.



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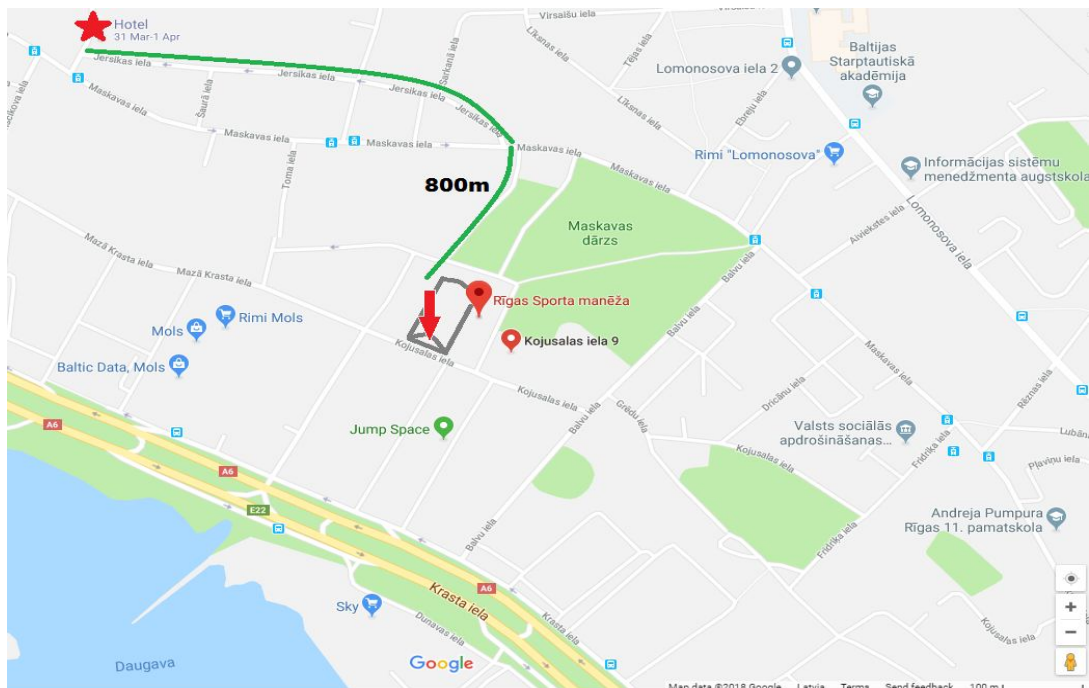
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14. ENTRY FORMS

- 14.1. Completed application forms of this tournament must be submitted to organizing committee according to the terms and conditions of this Regulations (§.5 & 6)
- 14.2. Application must be sending to Latvian Taekwon-do Federation by e-mail to itf.latvia@gmail.com and must be registered in [on-line registration](http://on-line.registration) in Kihapp.com

15. How to get to Sport Hall

Riga's National Sports Arena address is Maskavas iela 160, in centre of Riga. If you go by GPS it's better to find Kojusalas iela 9. The competition hall is located 800 meters from the hotel.



Riga waiting you!

Organizing committee

itf.latvia@gmail.com

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On web: www.itf.lv

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